PENNSWOOD VILLAGE

Bulletin

Fall Back!
Turn your clocks back one hour when you go to bed Saturday night, October 31.

Week of November 1 - 7, 2026

TED Talk Tuesdays!

Tuesday, November 3
3:00 to 4:15 p.m.
in the Blue Room

An Honest Conversation on AI and Humanity

Yuval Noah Harari

Questions? Contact Vicki or Amy.
***Please do not attend if you are not feeling well, and/or wear a mask.*

Shuttle for General Election

Tuesday, November 3
9:00 a.m. to 12:00 p.m.
12:45 p.m. to 4:00 p.m.

The shuttle to our local polling station for the General Election will be on Tuesday, November 3. The polling location is at Beechwood Neuro Rehab, 469 E. Maple Avenue, Langhorne. The shuttle will run from 9:00 a.m. to 12:00 p.m. and from 12:45 p.m. to 4:00 p.m. It is not necessary to sign up in advance. Please note: shopping trips to McCaffrey's are canceled on 11/3.

Transition Talk

Monday, November 2
4:00 p.m. in Penn Hall

Want to share your thoughts and experiences as residents of a senior community? Then come to Transition Talk on Monday, November 2 at 4:00 p.m. in Penn Hall. Whether you are a recent arrival or have lived at Pennswood for many years, we want to hear what you have to say. We give you time to talk and time to listen. Every session is unique in its choice of topic and approach...and in its shared learning. We look forward to seeing you there!

The Transition Talk Team

Join the Next Lunch Bunch

with Newtown Friends School

Wednesday, November 4
11:40 a.m. to 12:20 p.m.

(Bring your own lunch.)
Residents are invited to join Pam (NFS liaison) and a small group of Newtown Friends School students for lunch and conversation in the Small Seasons dining area.

Sally, Intergenerational Liaison

THE FORUM COMMITTEE

The Great American Songbook: Harold Arlen and the Singers and Songwriters Who Love Him

Professor Roger Gilbert

Tuesday, November 3
7:15 p.m. in Penn Hall

Roger Gilbert has been a Professor of English at Cornell University since 1987. While his teaching and research focus on twentieth-century American poetry, he has also published essays on popular culture and aesthetics. His interest in the Great American Songbook includes Harold Arlen, who composed songs such as *"Over the Rainbow," "Stormy Weather," and "That Old Black Magic."* The talk will include clips from iconic vocal recordings of Arlen's compositions, and Roger on live piano.

Beverly for the Forum Committee
Funded by your PVRA

VOTE in the 2026 Election

MAIL-IN ballots should be here. Complete your ballot as soon as possible, following the directions precisely, using BOTH the secrecy envelope and the outer envelope.

- Remember to date the outer envelope and sign it exactly the way your name is written on the envelope you received.
- Returning your ballot: It may not be safe to mail your ballot now. To ensure timely arrival, take it to a drop box. Contact Pennswood Transportation if you need a ride to a drop box (215-504-1149 or transportation@pennswood.org)

You may return **only your own ballot** unless you are assisting a voter with a disability and the returned ballot is accompanied by a completed Authorized "Designated Agent" Form. (See vote.pa.gov for this form.)

Nearby Drop Boxes:

Lower Bucks Government Services Center: 7321 New Falls Road, Levittown, PA 19055. M-F: 8:00 a.m.-4:30 p.m.; Sat. 10/24 & 10/31: 10:00 a.m.-5:00 p.m.; Tues. 11/3: 8:00 a.m.-8:00 p.m. Closed Sunday.

Yardley-Makefield Library: 1080 Edgewood Road, Yardley, PA 19067. M-Th: 9:00 a.m.-8:00 p.m.; Fri: 9:00 a.m.-6:00 p.m.; Sat: 9:00 a.m.-5:00 p.m. Closed Sunday.

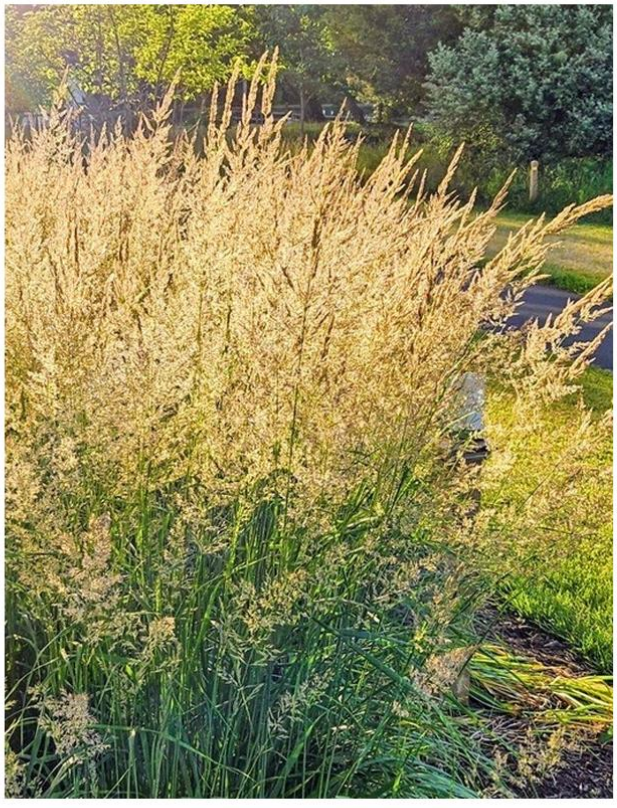
Bucks County Community College (BCCC): Inside the lobby of the Zlock Performing Arts Center. (Enter at first light and follow the signs.) M-F: 8:00 a.m.- 4:00 p.m. Closed Saturday & Sunday.

For a more comprehensive list of drop box locations & open times, please consult the League of Women Voters bulletin board opposite the Mail Center.

Voting in person on November 3: Our polling place is at Beechwood Neuro Rehab, 469 E. Maple Ave., Langhorne, PA 19047 (Take Route 413 South; left on E. Maple Ave).
Poll Hours: 7:00 a.m.- 8:00 p.m. Pennswood will also run buses to the polls.

Questions? Call the Bucks County Board of Elections: 215-348-6154. Open M-F 8:00 a.m. to 5:00 p.m. Call early in the day for best service.

Anne for the League of Women Voters



AI Users Corner

Is the AI Revolution Underhyped?

Former Google CEO Eric Schmidt argues that, despite all the attention AI receives, its future impact may actually be underestimated.

Today AI answers questions, writes text, and creates images. However, Schmidt believes we are rapidly moving toward AI systems that can reason, plan, solve complex problems, make scientific discoveries, and act with increasing independence. This transformation can accelerate breakthroughs in medicine, science, engineering, and productivity.

His practical message is especially important: don't simply watch the AI revolution—participate in it. Learn to use AI and understand both its possibilities and limitations. The future of AI isn't coming someday. It is already here.

Watch this thought-provoking TED Talk and decide for yourself. Ask the AI Users Group for a link to this special AI talk.

Ron, AI Users Group

Poetry Seminar

by Cornell Professor Roger Gilbert

Wednesday, November 4
1:30 p.m. to 3:00 p.m.
in the Blue Room

All are welcome.

Mary, Poetry Discussion Group

Community Garden Plots Available for 2027

- Organic gardening practices;
- Free leaf mulch and mushroom soil on site;
- Experienced gardeners available to share tips;
- Community tools available for shared use.

Contact Verena or Glen for more information.
Funded by your PVRA

Promoting Human Rights Worldwide

Thursday, November 5
4:00 p.m. in Penn Hall

Professor John discusses strategies that produce results for women's rights, gender-based violence, dowry elimination, family planning, literacy, Covid, HIV/AIDS and human rights.
He taught college-level students for 43 years in communications, public health, and human rights, and has traveled extensively in Latin America, South Africa and India.
Pamela, Sharing Knowledge

Pennswood Village Computer Clinic

Windows PC + Android Phones + Uniguest + AI
2nd Friday of the month
Next Session Friday, November 13
9:30 to 11:00 a.m.
in Penn Hall Lounge

Do you have questions about your computer, tablet, or smartphone? The PVRA Technical Committee is volunteering their time to provide you with one-on-one coaching. No registration required. Bring your device and passwords in case they are needed. Also available at all sessions, help with your favorite Uniguest Community App and AI.
Marcia
Sponsored by PVRA Technical Committee - residents helping residents.

Holy Communion

A service from the Book of Common Prayer of the Episcopal Church
Thursday, November 5
10:30 a.m. in the Blue Room
All members of the Pennswood Village community are invited, including those in Barclay and Woolman.
Ray

Photo by Yoma

The Concerts Committee presents Riverview Early Music

"For Love and Liberty": Music from Colonial America

Tuesday, November 10
7:15 p.m. in Penn Hall

Ellie & Sally, Concerts Committee
Funded by your PVRA

SAVE THE DATE

Sharing Our Journeys

Peruvian Amazon Adventure

Wednesday, November 11
7:15 p.m. in Penn Hall

Jim
Funded by your PVRA

GEORGE SCHOOL

SAVE THE DATE

Much Ado About Nothing

Intergenerational Reception and Play at George School: Fall Theater Performance

Friday, November 13
6:00 - 7:00 p.m. Reception in the Meetinghouse
7:30 p.m. Play in the Walton Center

George School is hosting its annual pre-play reception! This casual gathering of Pennswood residents and George School students and staff will precede the play. Transportation will be provided for the Friday night reception and play. Departure at 5:45 p.m. from the Link Door and return about 9:30 p.m. To sign up for transportation, visit the Community App in the Activities Module or stop by the Transportation Office.
The play will repeat on Saturday, November 14, at 7:30 p.m. There is no reception or transportation on Saturday night.

Sally, Intergenerational Committee

Photo by Yoma

Safety Advisory Corner

Your Identity Is Stolen. What Next?

You discover a bank charge you didn't make—or an account you never opened. What should you do next?

Identity theft can be frightening, but knowing the right steps can make a big difference. AARP's *10 Steps to Take if Your Identity Has Been Stolen* provides a practical roadmap for taking back control. Learn why you should document everything, examine bank and credit-card statements, report the theft, contact financial institutions, and freeze your credit.

Don't wait until identity theft happens to find out. Keep this valuable AARP guide where you—and your family—can find it quickly.

Ask the SAC Scam Subcommittee for a link to this article to keep you informed.

Ron, SAC Scam Subcommittee

DISCUSSION GROUP

OWLS (Older, Wiser, Luckier, Seniors)

Tuesday, November 3
4:00 p.m. in the Resident Art Gallery Conference Room

"How to Make Yourself Miserable" is the topic for Tuesday, November 3 at 4:00 p.m. Everyone is welcome.

Led by Steve.

Trips

Photo: Visit Philly

Fall Back!

Enjoy a bonus hour of sleep. Turn your clocks back one hour when you go to bed **Saturday night, October 31.**

Stenton

WEDNESDAY, NOVERMBER 18, 2026 AT 12:15 P.M.

Stenton is one of the earliest, best-preserved, and most authentic historic houses in Philadelphia. It was completed in 1730 as a country-seat plantation house for James Logan, a Quaker merchant, politician, justice, scientist, scholar, and secretary to William Penn. Stenton was home to six generations of Logans and a diverse community of enslaved, indentured, and free laborers, including Dinah, who lived and labored at Stenton for over 50 years. Furnished with 18th- and 19th-century Logan family objects, and remaining in little-altered condition, a visit to Stenton offers an unparalleled experience of early Pennsylvania.
Depart at 12:15 p.m. for the 45-minute ride to Stenton. The tour & transportation cost of $31 will be billed to your monthly statement. Sign up on the Community App or in the Transportation Office. *Trips Committee*

A Candlelight Service of Lessons and Carols

WEDNESDAY, DECEMBER 9, 2026 AT 5:45 P.M.

A service of readings and music for Advent and Christmas, featuring the Chapel Choir, Department of Music ensembles and a cappella groups at the Princeton University Chapel.
We will depart at 5:45 p.m. for the 7:00 p.m. service (Free Admission). The $18 transportation cost will be billed to your monthly statement. Sign up on the Community App or in the Transportation Office. *Trips Committee*

Transportation Schedule

SUNDAY, NOVEMBER 1 - SATURDAY, NOVEMBER 7, 2026

All trips depart from the Link Door.

Tuesday, November 3, 2026

9:00 a.m. - Election Day Shuttle, Langhorne, PA
12:45 p.m. - Election Day Shuttle, Langhorne, PA
1:30 p.m. - ShopRite, Yardley, PA

Wednesday, November 4, 2026

9:30 a.m. - Trader Joe's, Princeton, NJ
1:00 p.m. - Langhorne Library, Langhorne, PA
1:00 p.m. - Farminary, Princeton, NJ
1:30 p.m. - Wegmans, Yardley, PA

Thursday, November 5, 2026

9:00 a.m. - Summit Shopping Center, Langhorne, PA
10:30 a.m. - Summit Shopping Center, Langhorne, PA
1:00 p.m. - Summit Shopping Center, Langhorne, PA
2:30 p.m. - Summit Shopping Center, Langhorne, PA
6:15 p.m. - Princeton University, Princeton, NJ

Friday, November 6, 2026

1:00 p.m. - Costco, Warminster, PA

To sign up through the Community App, go to the Activities Module and enter a keyword in the search box, or contact the Transportation Office.

For Group Trips

- Registration will open at noon on the day of the trip publication in the Bulletin.
- Do not buy your tickets until there are six sign-ups.
- For group trips, sign up on the Community App or in the Transportation Office. No emails or voicemails will be accepted.
- Upon receipt of the Trip Confirmation, you are responsible for ALL charges associated with the trip.

Don't Be an Hour Early!

Turn your clocks back one hour at bedtime Saturday night so you're right on time Sunday.
Sunday, November 1 at 2:00 a.m.

Community Channel 970 Listings

SUNDAY, NOVEMBER 1
7:00 a.m.—Walking Workout
8:30 a.m.—Balance, Cardio, and Strength
9:00 a.m.—Seated Stretch
9:30 a.m.—Seated Chair
11:00 a.m.—IWC Broadcast
12:00 p.m.—Chair Yoga with Christine
7:15 p.m.—Movie, *Saving Mr. Banks* (2013)

MONDAY, NOVEMBER 2
7:00 a.m.—Walking Workout
7:50 a.m.—Silver Strong
8:30 a.m.—Balance, Cardio, and Strength
9:00 a.m.—Seated Stretch
9:30 a.m.—Seated Chair
10:00 a.m.—Silver Strong
11:00 a.m.—IWC Rebroadcast
2:00 p.m.—Dance Workout
6:00 p.m.—Seated Tai Chi

TUESDAY, NOVEMBER 3
11:00 a.m.—IWC Rebroadcast
12:00 p.m.—Chair Yoga with Christine
2:00 p.m.—Dance Workout
3:00 p.m.—Silver Strong
6:00 p.m.—Seated Tai Chi
7:15 p.m.—Movie, *A Room with a View* (1985)

WEDNESDAY, NOVEMBER 4
7:00 a.m.—Walking Workout
8:30 a.m.—Balance, Cardio, and Strength
9:00 a.m.—Seated Stretch
9:30 a.m.—Seated Chair
12:00 p.m.—Chair Yoga with Christine
3:00 p.m.—Silver Strong
6:00 p.m.—Seated Tai Chi
7:15 p.m.—Series, *Downton Abbey* (S5, Midseason)

THURSDAY, NOVEMBER 5
7:00 a.m.—Walking Workout
7:50 a.m.—Silver Strong
8:30 a.m.—Balance, Cardio, and Strength
10:00 a.m.—Silver Strong
11:00 a.m.—Exercises for Seniors
1:30 p.m.—Standing or Seated Tai Chi
2:00 p.m.—Tone Your Arms
3:00 p.m.—Silver Strong
6:00 p.m.—Balance Workout
7:15 p.m.—Movie, *Rope* (1948)

FRIDAY, NOVEMBER 6
7:00 a.m.—Walking Workout
8:30 a.m.—Balance, Cardio, and Strength
9:00 a.m.—Seated Stretch
9:30 a.m.—Seated Chair
11:00 a.m.—Exercises for Seniors
2:00 p.m.—Tone Your Arms
3:00 p.m.—Silver Strong

SATURDAY, NOVEMBER 7
7:00 a.m.—Walking Workout
8:30 a.m.—Balance, Cardio, and Strength
9:00 a.m.—Seated Stretch
9:30 a.m.—Seated Chair
11:00 a.m.—Exercises for Seniors
2:00 p.m.—*Manon*—Massenet (1884 Opera)
6:00 p.m.—Balance Workout
7:15 p.m.—Movie, *Seven Samurai* (1954)

Activities Schedule

SUNDAY, NOVEMBER 1

Pool Hours: 1:00 - 4:00 p.m.

11:00 a.m.—Interdenominational Worship—Penn Hall
1:15 p.m.—Yoga Mat (All Levels)—Studio
2:30 p.m.—Chair Yoga (All Levels)—Barclay Residents Only

MONDAY, NOVEMBER 2

Pool Hours: 7:00 a.m. - 12:00 p.m.; 1:00 - 7:00 p.m.

9:00 a.m.—HIIT (Advanced)—Studio
10:00 a.m.—PWR Moves (All Levels)—Studio
11:00 a.m.—Drums Alive (All Levels)—Studio
1:00 p.m.—Book Club—Blue Room
1:00 p.m.—Duplicate Bridge—Passmore Lounge
1:30 p.m.—PD Power & Boxing (All Levels)—Studio (registration required)
2:30 p.m.—Barre (All Levels)—Studio
3:00 p.m.—BCCC Memoirs Class—Board Room
4:00 p.m.—Transition Talk—Penn Hall
7:15 p.m.—Movie, *Chicago* (2002)—Penn Hall

Free Hour Inside!

Set your clocks back one hour before bed Saturday, October 31. What will you do with your extra hour?

Fall back, then sleep in!

TUESDAY, NOVEMBER 3

Pool Hours: 7:00 a.m. - 12:00 p.m.; 1:00 - 7:00 p.m.

8:15 a.m.—Balance 2 (Advanced)—Studio
9:00 a.m.—Election Day Shuttle
10:00 a.m.—Silver Strong—Studio
10:15 a.m.—Aqua Fit (Advanced)—Lap Pool
11:00 a.m.—Stretch & Strength (All Levels)—Therapy Pool
11:00 a.m.—Pilates Mat (All Levels)—Studio
11:30 a.m.—Chime Time—Blue Room
12:45 p.m.—Election Day Shuttle
1:00 p.m.—Chinese Mahjong—Passmore Lounge
1:00 p.m.—American Mahjong—Passmore Lounge
1:00 p.m.—Beginner Balance—Studio
1:30 p.m.—Gentle Yoga—Studio
1:30 p.m.—Water Volleyball—Lap Pool
3:00 p.m.—TED Talk—Blue Room
4:00 p.m.—Corn Hole Game—Activity Center
4:00 p.m.—OWLS—Resident Art Gallery Conference Room
7:15 p.m.—Forum: Roger Gilbert—Penn Hall

more...

Activities Schedule *continued*

WEDNESDAY, NOVEMBER 4

Pool Hours: 7:00 a.m. - 12:00 p.m.; 1:00 - 7:00 p.m.

9:00 a.m.—Aqua Hybrid—Lap Pool/Therapy Pool
9:00 a.m.—Step & Core (Advanced)—Studio
10:00 a.m.—Pennswood Chorale—Penn Hall
10:00 a.m.—Functional Movement (All Levels) —Therapy Pool
10:00 a.m.—Bands & Balance—Studio
11:00 a.m.—Tai Chi (All Levels)—Studio
11:40 a.m.—Lunch Bunch—Small Seasons
1:00 p.m.—Balance 1 (All Levels)—Studio
1:30 p.m.—Poetry Seminar—Blue Room
4:30 p.m.—Singer: Matthew Flynn—Bistro

THURSDAY, NOVEMBER 5

Pool Hours: 7:00 a.m. - 12:00 p.m.; 1:00 - 7:00 p.m.

8:15 a.m.—Balance 2 (Advanced)—Studio
9:30 a.m.—Aqua Fit (Advanced)—Lap Pool
10:00 a.m.—Silver Strong—Studio
10:30 a.m.—Episcopal Communion Service—Blue Room
11:00 a.m.—Science Times—Penn Hall
11:00 a.m.—Stretch & Strength (All Levels) —Therapy Pool
11:00 a.m.—Pilates (All Levels)—Studio
1:00 p.m.—Beginner Balance—Blue Room
1:30 p.m.—Yoga Mat—Studio
2:15 p.m.—Catholic Communion Service—Board Room
2:30 p.m.—PWR Moves (All Levels)—Studio
4:00 p.m.—Corn Hole Game—Activity Center
4:00 p.m.—Sharing Knowledge—Penn Hall

FRIDAY, NOVEMBER 6

Pool Hours: 7:00 a.m. - 12:00 p.m.; 1:00 - 5:00 p.m.

9:00 a.m.—Aqua Hybrid—Lap/Therapy Pool
9:00 a.m.—Circuits (Advanced)—Studio
10:00 a.m.—Pop-up Class: Ai Chi—Therapy Pool
10:00 a.m.—AA Group—Resident Art Gallery Conference Room
10:00 a.m.—Bands & Balance (All Levels)—Studio
11:00 a.m.—Pennswood Singers—Penn Hall
11:15 a.m.—Balance 1 (All Levels)—Studio
1:00 p.m.—Backgammon—Passmore Lounge
1:30 p.m.—PD Power & Boxing (All Levels) —Studio (registration required)
2:00 p.m.—Catholic Rosary Group—Board Room
2:30 p.m.—Barre (All Levels)—Studio
4:00 p.m.—Spanish Table—Resident Art Gallery Conference Room
7:15 p.m.—Movie, *The English Patient* (1996) —Penn Hall

SATURDAY, NOVEMBER 7

Pool Hours: 7:00 a.m. - 12:00 p.m.

10:00 a.m.—Gazebo Frogs—Blue Room
10:30 a.m.—Water Volleyball—Lap Pool
2:00 p.m.—Wii Games—Blue Room
4:30 p.m.—Sing Along with Lolly—Penn Hall Lounge