PENNSWOOD VILLAGE
Bulletin

Week of October 25 - 31, 2026

GOOD STEWARDS OF OUR NATURAL RESOURCES

How Many Trees Does the Bulletin Use?

Every week, Pennswood prints the Bulletin and the two-sided menu for pickup at the Front Desk. Together they make 20 printed pages: an 18-page Bulletin plus the menu, printed front and back on 10 sheets of paper. We print about 375 copies each week, and both the Bulletin and the menu are also available online. Here is what that adds up to over 52 weeks.

3,750 sheets of paper every week	**195,000** sheets a year — 390 reams of copy paper	**23 trees** cut down each year to print our Bulletins and menus	**65 feet** tall if stacked — and weighing nearly a ton

What you can do:

- Read the Bulletin and menu online when you can.
- If you prefer paper, pick up one copy per household.
- Pass your copy along to a neighbor when you finish.
- Place finished copies in the recycling.

Every copy left on the counter is a small piece of a tree. Thank you for helping Pennswood care for the natural resources entrusted to us. Paper with recycled content would lower the tree count.

Daniel, Chief Executive Officer

How we figured it: 10 sheets x 375 copies x 52 weeks = 195,000 sheets. Tree estimate uses Conservatree's widely cited figure of about 8,333 sheets of standard copy paper per tree (24 trees per ton of non-recycled office paper). A 500-sheet ream is about 2 inches tall and weighs about 5 pounds.

SAVE THE DATE!

COMMUNITY MEETING

Tuesday, November 3
9:00 a.m. in Penn Hall

The meeting will be rebroadcast on Channel 970:

Thursday, November 5 at 4:15 p.m.
Friday, November 6 at 10:00 a.m.

Linda, Administration

Giant Pharmacy Vaccine Clinic Dates for Residents

COVID, RSV, Shingrix vaccines
Tuesday, October 27
9:00 a.m. - 2:00 p.m. in Penn Hall

A sign-up sheet was placed in all resident mailboxes. Walk-ins will not be accepted. Thank you.

Heidi, Physician Practice Manager

HALLOWEEN PARTY

Thursday, October 29
7:15 to 8:30 p.m.
Penn Hall

COSTUMES ENCOURAGED

Live Music by Tanglewood
Dancing & Refreshments

Interested in helping prepare for this fun event? Contact Carolyn, Parties & Dances Committee

Funded by your PVRA

Newtown Friends School

Annual Halloween Parade

Friday, October 30

Newtown Friends School students will parade through Pennswood Village in costume. Join us for the festive sights and Halloween spirit!

The parade will arrive at Woolman House around **10:45 a.m.** and reach the Community Building lobby area around **11:00 a.m.**

Pam, NFS Liaison

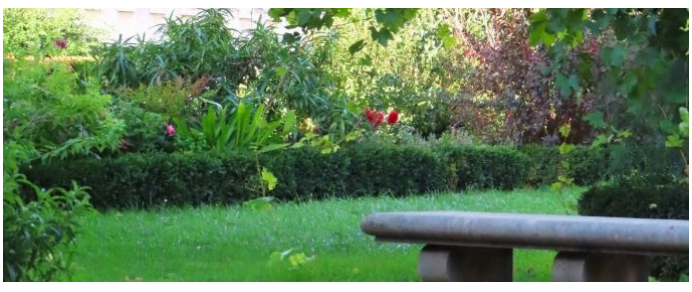
The Concerts Committee presents

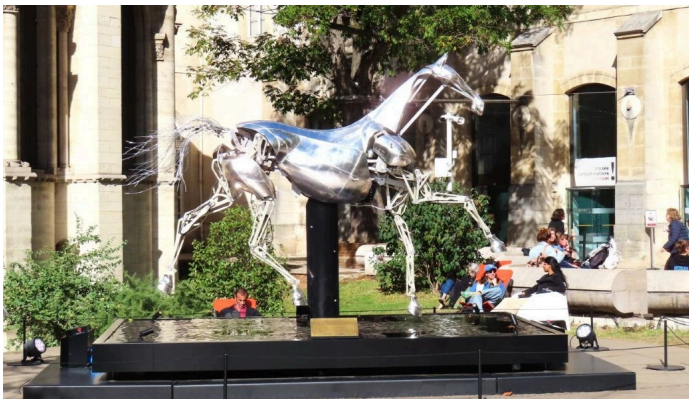
A Recital of Haunting Songs

Rufus, Tenor
and
Hehsun Chun-Smith, Piano

Wednesday, October 28
7:15 p.m. in Penn Hall

Ellie & Sally, Concerts Committee
Funded by your PVRA





George School Happenings

Thursday, October 29, 5:45 to 7:00 p.m. in the MDA Cafe/Gallery*

The George School Arts Department would like to invite you to attend the reception and gallery talk for the exhibition “Penumbra” by artist and 2023 George School alumnus Chase Satterwhite (Chase Johnson ’23). No registration is required; join us for the talk and reception.

This exhibition is part of the George School Visual Arts Exhibition Series, which showcases professional artists’ work and gives our students opportunities to engage with artists and their work beyond the classroom. Our students attend these exhibitions, and we would love to have your support as well.

*The MDA Cafe is located on the first floor of the Mollie Dodd Anderson Library and is accessible to all. If driving from Pennswood Village, please park in the lot across from the Fitness and Athletic Center. It is diagonally across from the library.

Adrienne, George School Associate Director of Engagement

Join the Next Lunch Bunch

with Newtown Friends School

Wednesday, November 4
11:40 a.m. to 12:20 p.m.
(Bring your own lunch.)

Residents are invited to join Pam (NFS liaison) and a small group of Newtown Friends School students for lunch and conversation in the Small Seasons dining area.

Sally, Intergenerational Liaison

Book Reading with Newtown Friends School Pre-Kindergarten

Wednesday, October 28
10:00 to 10:30 a.m.
Penn Hall Lounge

Join Newtown Friends School Pre-K students for a special storytime with Pennswood resident and author Joanne, who will read from her second published children’s book, a delightful introduction to numbers and counting! Her first book explored the ABCs.

Residents are invited to share in this special intergenerational reading experience.

Sally, Intergenerational Liaison

BOCCE Championship Matches

Tuesday, October 27
2:00 p.m. and 3:00 p.m.

The Fall BOCCE Championship matches will be held on Tuesday, October 27 at 2:00 (Singles), and at 3:00 (Doubles). As of this writing, the teams playing are still up in the air. Watch the BOCCE Bulletin Board (across from the Mail Room) for more information! RAIN DATE: Wednesday, October 28, same times.

Todd, for the BOCCE Committee
Funded by your PVRA

Putt for a Pumpkin

Pennswood Intergenerational Miniature Golf Tournament

On a gorgeous October afternoon, 20 enthusiastic Newtown Friends fifth and sixth graders teamed up with 10 Pennswood resident putters — eight times their age! — for the annual Putt for a Pumpkin tournament. With spectators cheering them on, Anne's team took top honors, followed by Todd's team and Mary's team, just one stroke behind. The other Pennswood putters were Joan, Gordon, Diana, Rich, Larry, Marcie, and Bob. Thanks go to our wonderful Grounds Crew, Housekeeping and Culinary staff, decorators Nina, Dede and Lydia, photographer Sue, and intergenerational coordinators Sally (PV) and Pam (NFS), for making this event a smashing success. Save your putting strokes for May when we'll be back with Putt for a Pot!

Pete

It's Appeal Season

Your support sustains the Pennswood community we share.

Gifts by December 31 count for 2026 | Envelopes at the Front Desk and outside the Foundation Office

Thank You — and a Year-End Giving Reminder

From the Pennswood Foundation

Thank you to the many residents who have already contributed this year. Your generosity touches every corner of Pennswood, from the programs we enjoy together to the staff who care for us all.

Appeal season is here, and gifts made by December 31 count for your 2026 taxes, even when they support next year's programs. Before year-end, you can give to:

The Pennswood Fund - 2026
The Holiday Fund - 2026
The Activities Fund - 2027
The Vacation Fund - 2027

New this year: even if you don't itemize, you may deduct up to $1,000 ($2,000 for married couples) in cash gifts. If you are 70 1/2 or older, a Qualified Charitable Distribution from your IRA can count toward your required minimum distribution. Please check with your tax advisor.

How to give: Pick up a development envelope at the Front Desk or outside Sally's office, check the fund(s) you'd like to support, and make checks payable to the Pennswood Foundation. Return it to either location. For IRA or stock gifts, please contact Sally directly. Thank you for all you do to make Pennswood Home.

Pennswood Foundation

Book Discussion Group

Monday, November 2 at 1:00 p.m. in the Blue Room

NEW YORK TIMES BESTSELLER * OPRAH'S BOOK CLUB PICK * KIRKUS PRIZE FINALIST * A magnificent new novel from the bestselling, award-winning author of *An American Marriage,* Tayari Jones has written an unforgettable novel that sparkles with wit and intelligence and deep feeling about two lifelong friends whose worlds converge after many years apart in the face of a devastating tragedy.

A novel about mothers and daughters, friendship and sisterhood, and the complexities of being a woman in the American South, *Kin* is an exuberant, emotionally rich, unforgettable work from one of the brightest and most irresistible voices in contemporary fiction. All are welcome!
Sharon

Electric Cart/Power Wheelchair Maintenance Check

Tuesday, October 27 and Wednesday, October 28
By appointment

For those interested, DELCREST MEDICAL SERVICES will be here to perform semi-annual preventive maintenance checks on electric carts and power wheelchairs:

- Appointment times are scheduled between 9:00 a.m. and 3:00 p.m.
- Maintenance check is performed in the Community Building Activity Center.
- Payment of $35 is expected upon completion of service.

If you'd like to take advantage of this opportunity, please contact Physical Therapy directly at 215-504-1107 to schedule your appointment time.

Fairhill Children's Book Drive 2026

Pennswood residents generously donated 880 excellent books to the Fairhill community in North Philadelphia. Some of the books are distributed to four elementary schools, others to the many little libraries throughout the community. Some will be offered as prizes and gifts at summer reading programs and community events throughout the year. The literacy program is under the guidance of the Historic Fairhill Foundation.

The joy of reading these books will help the children understand both themselves and the world around them. Literacy is the essential tool for navigating life's challenges successfully. We can't know what we have accomplished, but we do know it is all for the good. Thank you.

Betty

For People Who Want a Kinder, Fairer World

PEACE AND SOCIAL JUSTICE COMMITTEE

Monday, October 26
1:00 - 2:30 p.m. in the Blue Room

Curious about what we're up to?
Come and see!
All are welcome!

Doris, Chair, Peace & Social Justice
Funded by your PVRA

DISCUSSION GROUP

OWLS (Older, Wiser, Luckier, Seniors)

Tuesday, October 27
4:00 p.m. in the Blue Room

"Is it Dementia or Just Normal Aging?" is the topic for Tuesday, October 27 at 4:00 p.m. Everyone is welcome.

Brad, OWLS

Pennswood Village Computer Clinic

Apple Devices (iPhones, iPads, Macs) + Uniguest + AI
4th Friday of the month
9:30 to 11:00 a.m.
in Penn Hall Lounge

Do you have questions about your computer, tablet, or smartphone? The PVRA Technical Committee is volunteering their time to provide you with one-on-one coaching. No registration required. Bring your device and passwords in case they are needed. Also available at all sessions, help with your favorite Uniguest Community App and AI.

Marcia
Sponsored by PVRA Technical Committee - residents helping residents.

Poetry, Poetry, Poetry

Wednesday, October 28
3:00 p.m. in the Blue Room
Mary Oliver (1935 - 2019)

This month, we are doing readings of one or more of Mary Oliver's poems. Here is a list from which we will choose what to discuss:

- "Sleeping in the Forest" (1979) in *Twelve Moons;*
- "Wild Geese" (1986) in *Dream Work;*
- "The Summer Day" (1990) in *House of Light;*
- "The Swan" (1992) in *The Paris Review* and *New and Selected Poems* (2005);
- "Toad" (1994) in *White Pine;*
- "Goldfinches" (2026) in *Goldfinches: Viking Books for Young Readers.*

Next month, we will return to some of the poets on whose shoulders contemporary poets stand. On November 25, we will discuss poems by John Keats (1795 - 1821). We look forward to seeing you.

Mary, Poetry Discussion Group

Stay Up to Date With Wellness!

Would you like to receive updates about fitness class schedule changes, pool hours, and special wellness programs? Join the Wellness Email Group!

To be added to the email list, contact Janelle, Aquatics and Fitness Manager.

THE FORUM COMMITTEE

The Great American Songbook: Harold Arlen and the Singers and Songwriters Who Love Him

Professor Roger Gilbert

Tuesday, November 3
7:15 p.m. in Penn Hall

Roger Gilbert has been a Professor of English at Cornell University since 1987. While his teaching and research focus on twentieth-century American poetry, he has also published essays on popular culture and aesthetics. His interest in the American songbook includes Harold Arlen, who composed songs such as "Over the Rainbow," "Stormy Weather," and "That Old Black Magic."

Beverly for the Forum Committee
Funded by your PVRA

Science! Science! Science!

Please join us on Thursdays at 11:00 a.m. in Penn Hall for informal and relaxed discussions of science topics making the news.

Subjects are drawn from the "Science Times" section of the *New York Times* and from participant suggestions from various sources. No preparation, prior experience or special scientific literacy is required.

Stories focus on new scientific ideas, the profession of science, and the place of science in society. This activity has been ongoing at Pennswood since 2008. Come add your voice to our lively conversations. All are welcome.

Jim, Science Times

AI Users Corner

Is the AI Revolution Underhyped?

Former Google CEO Eric Schmidt argues that, despite all the attention AI receives, its future impact may actually be underestimated.

Today AI answers questions, writes text, and creates images. However, Schmidt believes we are rapidly moving toward AI systems that can reason, plan, solve complex problems, make scientific discoveries, and act with increasing independence. This transformation can accelerate breakthroughs in medicine, science, engineering, and productivity.

His practical message is especially important: don't simply watch the AI revolution—participate in it. Learn to use AI and understand both its possibilities and limitations. The future of AI isn't coming someday. It is already here.

Watch this thought-provoking TED Talk and decide for yourself. Ask the AI Users Group for a link to this special AI talk.

Ron, AI Users Group

Holy Communion

A service from the Book of Common Prayer of the Episcopal Church

Thursday, November 5
10:30 a.m. in the Blue Room

All members of the Pennswood Village community are invited, including those in Barclay and Woolman.

VOTE in the 2026 Election

MAIL-IN ballots are now arriving. Complete your ballot as soon as possible, following the directions precisely, using BOTH the secrecy envelope and the outer envelope.

- Remember to fill out the outer envelope with the date you are writing it and sign it exactly the way your name is written on the envelope you received.
- Returning your ballot: Although you can mail the completed ballot EARLY, a safe and fast option for returning it is to take it to a drop box.

**Contact Pennswood Transportation if you need a ride to a drop box: 215-504-1149 or transportation@pennswood.org

You may return **only your own ballot** unless you are assisting a voter with a disability and the returned ballot is accompanied by a completed Authorized "Designated Agent" Form. (See vote.pa.gov for this form.)

Nearby Drop Boxes:

Lower Bucks Government Services Center: 7321 New Falls Road, Levittown, PA 19055. M-F: 8:00 a.m.-4:30 p.m.; Sat. 10/24 & 10/31: 10:00 a.m.-5:00 p.m.; Tues. 11/3: 8:00 a.m.-8:00 p.m.

Yardley-Makefield Library: 1080 Edgewood Road, Yardley, PA 19067. M-Th: 9:00 a.m.-8:00 p.m. Fri: 9:00 a.m.-6:00 p.m. Sat: 9:00 a.m.-5:00 p.m. Sun: Closed.

Bucks County Community College (BCCC): Inside the lobby of the Zlock Performing Arts Center. (Enter at first light and follow the signs.) M-F: 8:00 a.m.- 4:00 p.m. Closed Saturday & Sunday.

If you did NOT request a mail-in ballot and want to VOTE EARLY IN PERSON, you can do "On Demand" voting at the BCCC site ("On-Demand" voting ends at 5:00 p.m. on Tuesday, October 27, 2026).

For a more comprehensive list of drop box locations & open times, please consult the League of Women Voters bulletin board opposite the mailroom.

Voting in person on November 3: Our polling place is at Beechwood Neuro Rehab, 469 E. Maple Ave., Langhorne, PA 19047 (Take Route 413 South; left on E. Maple Ave). Poll Hours: 7:00 a.m.- 8:00 p.m. Pennswood will also run buses to the polls.

Questions? Call the Bucks County Board of Elections: 215-348-6154. Open M-F 8:00 a.m. to 5:00 p.m. Call early in the day for best service.

Anne for the League of Women Voters

Safety Advisory Corner

Your Identity is Stolen. What Next?

You discover a bank charge you didn't make —or an account you never opened. What should you do next?

Identity theft can be frightening, but knowing the right steps can make a big difference. AARP's *10 Steps to Take if Your Identity Has Been Stolen* provides a practical roadmap for taking back control. Learn why you should document everything, examine bank and credit-card statements, report the theft, contact financial institutions, and freeze your credit.

Don't wait until identity theft happens to find out. Keep this valuable AARP guide where you—and your family—can find it quickly.

Ask the SAC Scam Subcommittee for a link to this article to keep you informed.

Ron, SAC Scam Subcommittee

New Class Set for

Clay Space

There are a few openings for those interested in taking classes and perhaps joining the Studio:

Wednesday, October 28, 9:30 - 11:30 a.m.
Wednesday, November 4, 9:30 - 11:30 a.m.
Wednesday, November 11, 9:30 - 11:30 a.m.
Wednesday, November 18, 9:30 - 11:30 a.m.

Sign up in the Activity Center, on the door to the Studio. Participation is limited.

Gladys and Ellen for the Clay Space
Funded by your PVRA

Everence

Medicare and Changes Coming in 2027

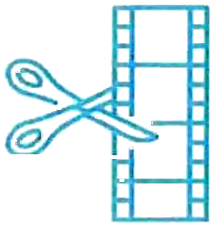
Friday, October 30
2:00 p.m. in Penn Hall

Presenter: Leah Ludwig of Everence®, Certified Senior Advisor, Financial Consultant

Leah will provide a comprehensive review of Medicare and updates coming to the program in 2027. Bring your questions; there will be a Q&A session after the seminar.

Questions about this seminar? Contact Amy, Director of Resident Life.

Wanted: Video Editor for Pennswood's Got Talent



The talent show committee is looking for a Pennswood resident who would enjoy taking the best of our two recent shows and "splicing" them together into one show, to be available at Videos on Demand.

Please contact Steve for more information.

TED Talk Tuesdays!

Tuesday, November 3
3:00 to 4:15 p.m.
in the Blue Room

An Honest Conversation on AI and Humanity

Yuval Noah Harari

Yuval Noah Harari argues that AI is not just a tool but an autonomous agent capable of learning, creating, lying, and manipulating. He warns that AI will dominate all domains built on words—law, religion, literature—raising profound identity challenges for humanity.

Framing AI as "immigrants," he explores its potential to transform jobs, culture, politics, and even romance, and poses the urgent policy question of whether nations should grant them legal personhood, stressing that decisions made now will shape humanity's future relationship with AI.

***Please do not attend if you are not feeling well, and/or wear a mask.*
Questions? Contact Vicki, or Amy, Director of Resident Life, at 215-504-1148.

Trips

The Farminary

WEDNESDAY, NOVEMBER 4, 2026 AT 1:00 P.M.

The Farminary, located in Princeton, NJ, is a place where theological education is integrated with small-scale regenerative agriculture to train faith leaders who are conversant in the areas of ecology, sustainability, and food justice. It is designed to train students to challenge society's 24-7 culture of productivity by following a different rhythm, one that is governed by the seasons and Sabbath. Over the last decade, the Farminary has also become a gathering ground for neighbors, theologians, artists, and seekers of all ages. A sacred space for learning, healing, and belonging. It's a place where the rhythms of the land shape our understanding of God, community, and calling.

Depart at 1:00 p.m. from the Link Door. Our tour of the farm will likely take place in our bus. The $18 transportation cost will be billed to your monthly statement. Sign up on the Community App or in the Transportation Office. *Diane, Abrahamic Initiative Committee*

A Candlelight Service of Lessons and Carols

WEDNESDAY, DECEMBER 9, 2026 AT 5:45 P.M.

A service of readings and music for Advent and Christmas, featuring the Chapel Choir, Department of Music ensembles and PU a cappella groups at the Princeton University Chapel. We will depart at 5:45 p.m. for the 7:00 p.m. service (Free Admission). The $18 transportation cost will be billed to your monthly statement. Sign up on the Community App or in the Transportation Office. *Trips Committee*

Bulletin Schedule

Thanksgiving through New Year's Eve

The deadlines below follow our current practice of noon on the Monday before publication.

ISSUE DATE	COVERAGE	DEADLINE (NOON)
Friday, Nov. 20	Extended issue, through Saturday, Dec. 5	Monday, Nov. 16
No issue Nov. 27 (Thanksgiving week)		
Friday, Dec. 4	Regular week, through Dec. 12	Monday, Nov. 30
Friday, Dec. 11	Regular week, through Dec. 19	Monday, Dec. 7
Friday, Dec. 18	Extended issue, Dec. 20 through Jan. 9	Monday, Dec. 14
No issues Dec. 25 or Jan. 1		
Friday, Jan. 8, 2027	Weekly schedule resumes	Monday, Jan. 4

Committees planning events in late December or early January should be aware that those events must be submitted by noon on December 14 to appear in the December 18 issue, since that will be the only issue for that three-week period.

Transportation Schedule

SUNDAY, OCTOBER 25 - SATURDAY, OCTOBER 31, 2026
All trips depart from the Link Door.

Sunday, October 25, 2026
12:15 p.m. - Kimmel Center, Philadelphia, PA
3:00 p.m. - Princeton University, Princeton, NJ

Monday, October 26, 2026
9:30 a.m. - Takaezu Studio, Flemington, NJ
3:00 p.m. - Yardley-Makefield Library, Yardley, PA

Tuesday, October 27, 2026
9:00 a.m. - McCaffrey's, Yardley, PA
10:30 a.m. - McCaffrey's, Yardley, PA
1:30 p.m. - ShopRite, Yardley, PA

Wednesday, October 28, 2026
9:30 a.m. - Trader Joe's, Princeton, NJ
1:00 p.m. - Langhorne Library, Langhorne, PA
1:30 p.m. - Wegmans, Yardley, PA

Thursday, October 29, 2026
9:00 a.m. - Summit Shopping Center, Langhorne, PA
10:30 a.m. - Summit Shopping Center, Langhorne, PA
1:00 p.m. - Summit Shopping Center, Langhorne, PA
2:30 p.m. - Summit Shopping Center, Langhorne, PA

Friday, October 30, 2026
3:00 p.m. - Yardley-Makefield Library, Yardley, PA

Saturday, October 31, 2026
12:15 p.m. - Kimmel Center, Philadelphia, PA

To sign up through the Community App, go to the Activities Module and enter a keyword in the search box, or contact the Transportation Office.

For Group Trips

- Registration will open at noon on the day of the trip publication in the Bulletin.
- Do not buy your tickets until there are six sign-ups.
- For group trips, sign up on the Community App or the Transportation Office. No emails or voicemails will be accepted.
- Upon the receipt of the Trip Confirmation, you are responsible for ALL charges associated with the trip.

Community Channel 970 Listings

SUNDAY, OCTOBER 25

7:00 a.m.—Walking Workout
8:30 a.m.—Balance, Cardio, and Strength
9:00 a.m.—Seated Stretch
9:30 a.m.—Seated Chair
11:00 a.m.—IWC Broadcast
12:00 p.m.—Chair Yoga with Christine
7:15 p.m.—Movie, *Mary Poppins Returns* (2018)

MONDAY, OCTOBER 26

7:00 a.m.—Walking Workout
7:50 a.m.—Silver Strong
8:30 a.m.—Balance, Cardio, and Strength
9:00 a.m.—Seated Stretch
9:30 a.m.—Seated Chair
10:00 a.m.—Silver Strong
11:00 a.m.—IWC Rebroadcast
2:00 p.m.—Dance Workout
6:00 p.m.—Seated Tai Chi

TUESDAY, OCTOBER 27

11:00 a.m.—IWC Rebroadcast
12:00 p.m.—Chair Yoga with Christine
2:00 p.m.—Dance Workout
3:00 p.m.—Silver Strong
6:00 p.m.—Seated Tai Chi
7:15 p.m.—Movie, *Howards End* (1992)

WEDNESDAY, OCTOBER 28

7:00 a.m.—Walking Workout
8:30 a.m.—Balance, Cardio, and Strength
9:00 a.m.—Seated Stretch
9:30 a.m.—Seated Chair
12:00 p.m.—Chair Yoga with Christine
3:00 p.m.—Silver Strong
6:00 p.m.—Seated Tai Chi
7:15 p.m.—Series, *Downton Abbey* (S5, Premiere)

THURSDAY, OCTOBER 29

7:00 a.m.—Walking Workout
7:50 a.m.—Silver Strong
8:30 a.m.—Balance, Cardio, and Strength
10:00 a.m.—Silver Strong
11:00 a.m.—Exercises for Seniors
1:30 p.m.—Standing or Seated Tai Chi
2:00 p.m.—Tone Your Arms
3:00 p.m.—Silver Strong
6:00 p.m.—Balance Workout
7:15 p.m.—Movie, *Strangers on a Train* (1951)

FRIDAY, OCTOBER 30

7:00 a.m.—Walking Workout
8:30 a.m.—Balance, Cardio, and Strength
9:00 a.m.—Seated Stretch
9:30 a.m.—Seated Chair
11:00 a.m.—Exercises for Seniors
2:00 p.m.—Tone Your Arms
3:00 p.m.—Silver Strong

SATURDAY, OCTOBER 31

7:00 a.m.—Walking Workout
8:30 a.m.—Balance, Cardio, and Strength
9:00 a.m.—Seated Stretch
9:30 a.m.—Seated Chair
11:00 a.m.—Exercises for Seniors
2:00 p.m.—*Manon Lescaut*—Puccini (1893 Opera)
6:00 p.m.—Balance Workout
7:15 p.m.—Movie, *The Magnificent Seven* (1960)

Activities Schedule

SUNDAY, OCTOBER 25

Pool Hours: 1:00 - 4:00 p.m.

11:00 a.m.—Interdenominational Worship—Penn Hall
1:15 p.m.—Yoga Mat (All Levels)—Studio
2:30 p.m.—Chair Yoga (All Levels)—Barclay Residents Only

MONDAY, OCTOBER 26

Pool Hours: 7:00 a.m. - 12:00 p.m.; 1:00 - 7:00 p.m.

9:00 a.m.—HIIT (Advanced)—Studio
10:00 a.m.—PWR Moves (All Levels)—Studio
11:00 a.m.—Drums Alive (All Levels)—Studio
1:00 p.m.—Duplicate Bridge—Passmore Lounge
1:00 p.m.—Peace & Social Justice—Blue Room
1:00 p.m.—Cognitive Fitness—Penn Hall
1:30 p.m.—PD Power & Boxing (All Levels)—Studio (registration required)
2:00 p.m.—Care Partners Group—Resident Art Gallery Conference Room
2:30 p.m.—Barre (All Levels)—Studio
3:00 p.m.—BCCC Memoirs Class—Board Room
7:15 p.m.—Movie, *La La Land* (2016)—Penn Hall

TUESDAY, OCTOBER 27

Pool Hours: 7:00 a.m. - 12:00 p.m.; 1:00 - 7:00 p.m.

8:15 a.m.—Balance 2 (Advanced)—Studio
9:00 a.m.—Vaccine Clinic—Penn Hall
9:00 a.m.—Cart & Wheelchair Check—Activity Center
9:30 a.m.—Aqua Fit (Advanced)—Lap Pool
10:00 a.m.—Silver Strong—Studio
11:00 a.m.—Stretch & Strength (All Levels)—Therapy Pool
11:00 a.m.—Pilates Mat (All Levels)—Studio
11:00 a.m.—History Group—Blue Room
11:30 a.m.—Chime Time—Board Room
1:00 p.m.—Chinese Mahjong—Passmore Lounge
1:00 p.m.—American Mahjong—Passmore Lounge
1:00 p.m.—Beginner Balance—Studio
1:30 p.m.—Gentle Yoga—Studio
1:30 p.m.—Water Volleyball—Lap Pool
2:00 p.m.—BOCCE Championship (Singles)—BOCCE Court
3:00 p.m.—BOCCE Championship (Doubles)—BOCCE Court
4:00 p.m.—OWLS—Blue Room
4:00 p.m.—Corn Hole Game—Activity Center

more...

Activities Schedule *continued*

WEDNESDAY, OCTOBER 28

Pool Hours: 7:00 a.m. - 12:00 p.m.; 1:00 - 7:00 p.m.

9:00 a.m.—Aqua Hybrid—Lap Pool/Therapy Pool
9:00 a.m.—Step & Core (Advanced)—Studio
9:00 a.m.—Cart & Wheelchair Check—Activity Center
9:30 a.m.—Clay Space Class—Clay Space
10:00 a.m.—Pennswood Chorale—Penn Hall
10:00 a.m.—Book Reading, Pre-K—Penn Hall Lounge
10:00 a.m.—Functional Movement (All Levels)—Therapy Pool
10:00 a.m.—Bands & Balance—Studio
11:00 a.m.—Tai Chi (All Levels)—Studio
1:00 p.m.—Balance 1 (All Levels)—Studio
3:00 p.m.—Newcomers Group—Penn Hall
3:00 p.m.—Poetry Group—Blue Room
7:15 p.m.—Vocal Recital—Penn Hall

THURSDAY, OCTOBER 29

Pool Hours: 7:00 a.m. - 12:00 p.m.; 1:00 - 7:00 p.m.

8:15 a.m.—Balance 2 (Advanced)—Studio
9:30 a.m.—Aqua Fit (Advanced)—Lap Pool
10:00 a.m.—Silver Strong—Studio
11:00 a.m.—Science Times—Penn Hall
11:00 a.m.—Stretch & Strength (All Levels)—Therapy Pool
11:00 a.m.—Pilates Mat (All Levels)—Studio
1:00 p.m.—Beginner Balance—Blue Room
1:30 p.m.—Yoga Mat—Studio
2:15 p.m.—Catholic Communion Service—Board Room
2:30 p.m.—PWR Moves (All Levels)—Studio
4:00 p.m.—Corn Hole Game—Activity Center
7:15 p.m.—Halloween Party and Dance—Penn Hall

FRIDAY, OCTOBER 30

Pool Hours: 7:00 a.m. - 12:00 p.m.; 1:00 - 5:00 p.m.

9:00 a.m.—Step & Core (Advanced)—Studio
9:00 a.m.—Aqua Hybrid—Lap/Therapy Pool
10:00 a.m.—AA Group—Resident Art Gallery Conference Room
10:00 a.m.—Bands & Balance (All Levels)—Studio
11:00 a.m.—Halloween Parade—Community Building
11:00 a.m.—Pennswood Singers—Penn Hall
1:00 p.m.—Backgammon—Passmore Lounge
1:30 p.m.—PD Power & Boxing (All Levels)—Studio (registration required)
2:00 p.m.—Catholic Rosary Group—Board Room
2:00 p.m.—Everence Talk—Penn Hall
2:30 p.m.—Barre (All Levels)—Studio
7:15 p.m.—Movie, *Beauty and the Beast* (1991)

SATURDAY, OCTOBER 31

Pool Hours: 7:00 a.m. - 12:00 p.m.

10:00 a.m.—Gazebo Frogs—Blue Room
10:30 a.m.—Water Volleyball—Lap Pool
2:00 p.m.—Wii Games—Blue Room
4:30 p.m.—Sing Along with Lolly—Penn Hall Lounge